

To Whom it may concern;

When I first approached Dave Henshall about treatment on my jaw, I had already tried muscle relaxants, anti-inflammatories and physiotherapy. I had achieved very little progress over the previous 1 1/2 years. At the time of my first appointment with Dave I could only open my mouth wide enough to fit the tip of my baby finger in. I had no lateral movement, could not move my lower jaw forward and when I did manage to squeeze food in I could only chew on my right side because my jaw was clamped down so tight.

After my first session with Dave I was able to fit in one finger width or knuckle - a major accomplishment. I continued treatments 2 - 3 times a week for awhile and then tapered them off. The sessions were uncomfortable, but they worked. Dave showed me how to stretch my jaw at home to keep it limber. I am now able to move my jaw from side to side, fit in two knuckle widths and move my lower jaw forward. My jaw still acts up at times and then it gets tight and opens at an angle. When this occurs I book at appointment with Dave and he gives my jaw a good "tune-up". I use his skills prior to any dental appointment to ensure that my jaw is relaxed and then again after the dental work to calm the jaw if it feels overworked.

Dave Henshall's treatments work, I have first hand proof. I wish that I had found him earlier. They are an aggressive approach to a confining condition.

Sincerely,

*Debbie Harrington*

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